



CASA MARINA
A WALDORF ASTORIA RESORT

Massages

Available on the Beach or in Studio

Swedish

Lighter massage strokes to relax, ease stress and restore well being.

25 minutes / \$70
50 minutes / \$130
80 minutes / \$180

Deep Tissue

A deeper massage incorporating neuromuscular and myofacial techniques. Excellent after a workout.

25 minutes / \$70
50 minutes / \$130
80 minutes / \$180

Therapeutic

Therapeutic Intended to address problematic areas of tension.

25 minutes / \$70
50 minutes / \$130
80 minutes / \$180

Reflexology

Ancient technique that focus on the feet, enhanced by an invigorated foot scrub. It will ease tired feet, relieve stress, and stimulate muscles and organs.

25 minutes / \$70 (excludes foot scrub)
50 minutes / \$130

Couple's Massage

Choose any type of massage and have a side be side, intimate experience with your loved one.

25 minutes / \$140
50 minutes / \$250
80 minutes / \$360

Pregnancy Massage

25 minutes / \$70
50 minutes / \$130
80 minutes / \$180

Massage Enhancements

Foot Massage / Reflexology
20 minutes / \$45

Head & scalp massage
20 minutes / \$45

Aroma Therapies

Essential oils are nature's living energy. The health – promoting benefits of Young Living Therapeutic Grade essential oils are revered for their restorative properties of the mind – body and spirit. A personalized infusion of organic Jo-Joba oil and your choice of essential oil will be prepared for the massage, the remainder will be yours to take.

Aromatherapy Massage

This massage is tailored to your individual needs by adding the vibrational healing power of essential oils: cleansing, calming, stimulating, or soothing.

50 minutes / \$140
80 minutes / \$190

Aromatherapy Salt Glow

A deep cleansing, soothing and hydrating treatment for your skin. This exfoliation combines sea salts and organic essential oils, it concludes with a light moisturizing session.

45 minutes / \$100

Aromatherapy Escape

We combine our aromatherapy treatments to create a sensory escape. The essential oil of your choice will be incorporated into a salt glow exfoliation followed by a 50 minute aromatherapy massage.

80 minutes / \$210

Facials

Spa al Maré Facial

Spa al Maré Facial For this classic European facial we use the all natural Pevonia Botanical products. Your face will be gently cleaned, exfoliated, deeply hydrated and a relaxing face and neck massage will conclude the treatment.

50 minutes / \$120

Refreshing Hydration Facial

We enhance our Spa al Maré facial with the application of a dramatically cooling lift- off mask that combines the hydrating benefits of seaweed with revitalized propoli. Sun-soothing, nourishing, calming.

75 minutes / \$160

Anti-free radical Facial

After your face has been cleaned and exfoliated, the therapist will apply a result driven mask in vitamin A,E and C. The mask is applied warm to allow the vitamins to penetrate your skin, then it cools to seal the rejuvenating benefits.

75 minutes / \$160

Soothe Sensitivity Facial

Perfect for sensitive mature skin, this facial combines tee healing properties of green tea, chamomile and liquorices to properly decongest and calm your skin for an even, healthy appearance.

75 minutes / \$160

Spa Packages

Detoxifying Seaweed Wrap w/ Mini Facial

This effective treatment detoxifies and re-mineralizes dry, depleted skin. Your body is prepared with an exfoliation, then covered with warm micronized seaweed and gently wrapped in a warming cocoon. While you are relaxing the therapist will ease stress from your face while cleaning, exfoliating and hydrating your skin. Your treatment concludes with a light moisturizing session. .

1.5 hours / \$240

add a 50 minute massage \$340

Stress Relief Intensive

Using Pevonia Botanical mineral salts, we begin with a mild exfoliation and follow by an 80 minute massage with Pevonia anti-stress unicro-emulsified massage oil. This treatment will erase tension, stress and fatigue and prepare you for a healthy sun-tan.

2 hours / \$240

Sun Soother Lily Mask

This refreshing body mask is just the prescription to calm sun burned or wind aggravated skin. The unique hydrating properties of water lily will help relieve redness, decrease burning sensation and skin temperature and moisturize.

25 minutes / \$80

Total Body Rejuvenation

Using Pevonia Botanical products we polish your skin with a salt exfoliation then hydrate and massage the tension out of your body for 50 minutes. A full Spa al Mare' facial will complete your session making you feel and look radiant from head to toe.

2 hours 15 minutes / \$280

20% gratuity will be added to all spa packages.

Yoga

Yoga Class on the Pier / \$20

Reserve your class the day before.

Private Yoga Class

50 minutes / \$80

Spa Cancellation Policy

Please notify the spa at least 24 hours in advance of your appointment if you need to cancel or reschedule an appointment. Fifty percent of the value of the service will be charged for cancellations within 24 hours. No-shows will be charged full price. Spa Services Ext. 7785